

Telephone Numbers:-

General:

NHS Direct : 0845 4647
GP Out of Hours: 0300 3300 804
Nursing Out of Hours: 0300 3300 804
Hull Walk-in Centre: 01482 335180

Pharmacists:

Boots, Hedon: 01482 898311
Boots, Thorngumbald: 01964 624768
East Riding Pharmacy: 01482 898973
Asda, Bilton: 01482 815311

Minor Injuries:

Withernsea Hospital: 0845 0568060

Freedom Centre, Preston Road :
01482 710119

Bransholme Minor Injuries Unit :
01482 838855

Hornsea Cottage Hospital : 01964 533146

East Riding Community Hospital,
Beverley: 01482 886600

THE HEDON GROUP PRACTICE

At

*Market Hill House
Hedon
HU12 8JD*

Tel: (01482 899111)

and

*Chapel Lane
Keyingham
HU12 9RA*

Tel: (01964) 622706



***THE HEDON GROUP
PRACTICE***

***A
BRIEF GUIDE
TO
OUT OF HOURS
SERVICES***

*This leaflet has been produced
for the patients of the Hedon
Group Practice.*

Your Doctors' Surgery is only contracted to provide immediate and necessary care from 8.00 am to 6.00 pm, Monday through to Friday.


Although the Surgery is open for extended hours on a Saturday morning and Monday evening, this is for pre-booked appointments only.

The Doctor working in the Surgery will have a full surgery of pre-booked appointments and will not be able to see patients on the day.

**AT THESE TIMES YOU SHOULD CONTACT THE GP OUT OF HOURS SERVICE:
TEL: 0300 3300 804**

GP OUT OF HOURS SERVICE – should only be used if you have an urgent medical problem for which treatment cannot wait until your normal GP Practice re-opens.

In case of emergencies, always telephone: **0300 3300 804**. Your call will be answered by the Out of Hours Service and they will deal with your concerns. East Riding of Yorkshire Primary Care Trust are responsible for commissioning this service for our patients. Patients should be aware that some telephone calls may be recorded, for audit purposes.

 **NHS DIRECT – 24 hour helpline** for advice, information, or to check whether you need to see a Health Professional.
Tel: 0845 46 47
Or visit website: nhsdirect.nhs.uk

MINOR INJURIES UNITS

A&E is for life threatening conditions and emergencies. For minor injuries go to your nearest Minor Injuries Unit:-



Withernsea Community Hospital – Open Monday to Friday 9.00am to 5.00pm (closed Bank Holidays). Appointments at weekends via:
Tel: 0845 056 8060.

Treatment Centre within the Freedom Centre, Preston Road, Hull – Open Monday to Friday 9.00am to 5.00pm (closed Bank Holidays).
Tel: 01482 710119

Hornsea Cottage Hospital – Open 7 days a week, 9.00am to 5.00pm. Tel: 01964 533146

East Riding Community Hospital, Beverley – Open 9.00am to 5.00pm Monday to Friday (closed Bank Holidays)
Tel: 01482 886600

Bransholme Minor Injuries Unit, Goodhart Road, Hull – Open 7 days a week, 9.00am to 9.00pm.
Tel: 01482 838855



WALK IN CENTRES – can treat both registered and non registered patients without an appointment.

Hull's Walk in Centre is based within the Wilberforce Health Centre on Story Street, Hull.

Tel: 01482 335180
Open Monday to Sunday (Bank Holidays and weekends)

LOCAL PHARMACIST

Local pharmacies offer various health services that many of us aren't aware of:



- Advice on minor ailments such as coughs and colds
- Advice on Asthma, COPD, Diabetes etc.
- Medication queries
- They provide a private consultation area where patients can discuss issues without being overheard by other members of the public

OUT OF HOURS NURSING SERVICES

Integrated out of hours service covering the whole East Riding

The service offers unplanned/planned care for patients out of hours
(7 days a week 6pm-8am)



Including :

- Catheter care
- Pain management
- Advice and support
- Palliative care
- Re-assessment for a new episode of care following deterioration of their condition

Tel: 0300 3300 804

PRACTICAL HOME SUPPORT – helps people with practical tasks to help them return home or prevent unnecessary admission to hospital or respite care 7 days a week 7am-10pm
Tel: (01405) 768544