

Working to Support You

Carers should be recognised as individuals, with their own needs.

The support workers will help you with carers' issues in a sensitive and confidential way.

“We Care”

The Carers Support Service newsletter, “We Care” , provides a focal point for carers which allows exchanges of views and information keeping carers up to date

We Offer Carers

- Practical and emotional support
- Information
- Advice
- Carers Support Groups
- Signposting
- Home Visits

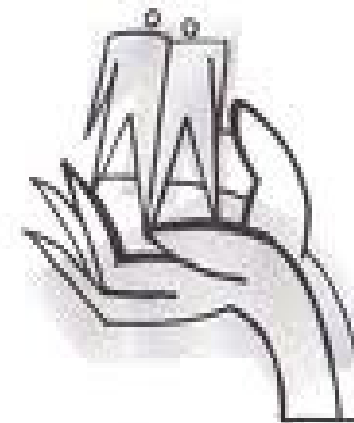
Freephone

0800 917 68 44

East Riding

CARERS SUPPORT SERVICE

Do You Care?



We Do!

Freephone

0800 917 68 44

“We Care” Newsletter provides a Voice for Carers ensuring a focal point of contact.

I would like to receive information about the East Riding Carers Support Service

Full Name

(including Title, First Name, Last Name)

Date of Birth/...../.....

Tel No

(including STD Code)

Address

.....

.....

.....

Postcode

Who are you caring for

(e.g. husband/wife/son/daughter etc)

Would you like to receive a copy of the Carers Newsletter)

Yes No (please tick appropriate)

ALL INFORMATION PROVIDED WILL BE TREATED IN THE STRICTEST CONFIDENCE

Please return to:

East Riding Carers Support Service
18 Wednesday Market
Beverley
HU17 0DJ

Who Are Carers?

Do you look after a relative, friend or neighbour?

Does the person you care for and support

- have a disability?
- have a long term illness?
- have mental health problems?
- have age related problems

You could be a Carer

A carer may be young or old. Some carers are on call 24 hours a day, every day. Others may only care for a few hours a day.

Looking after someone can be rewarding, but it may also be difficult. Asking for support does not mean you cannot cope.

By contacting the Carers Support Service, your needs will be looked at. Both you and the person you care for may benefit.

We Care Too

Carers may often feel isolated. **We are happy to visit you at home.** The Carers Support Service listens and provides advice to help you in your role.

Our service can provide you with information on:

- Carers Benefits
- Health Related Issues
- Other Organisations and Services
- Your rights as a Carer

If you wish to speak to any of the Support Workers, please telephone using the

Freephone Service

0800 917 68 44